Mid-morning break

🤎 Nutritionist's Choice 🛛 Vegetarian 🔅 Oily fish 🐲 Wholegrain 🕕 Halal

NEW Spinach & Egg Muffin | Sausage and Cheese Muffin | Bacon Baguette | **HOT TO GO** Margherita Bagel Pizza **Cinnamon Pretzel AVAILABLE DAILY** Pineapple Pot 🧇 FRUIT BASED Grape Pot ♥ Bananas, Apples and Oranges Granola Yoghurt and Berry Compote ♥ ♥ **CHICKEN WINGS SANDWICHES** Garlic & Lemon Ham | Tuna Mayo | Cheese and Tomato & BAGUETTES **Spicy Piri Piri BBQ TOASTED** Cheese & Bacon | BBQ Chicken | Cheese | Cheese & Tomato | Tuna Melt **PANINIS** Toast with Spread ** **Toasted Crumpet CRUDITES** Pesto Pasta 🧡 🗰 Carrots & Houmous ₩ SALAD POTS Tuna & Sweetcorn Pasta | Greek Salad 🤎 Cucumber & Houmous ♥

Our menu is subject to change.